THE

ARIES NEW MOON SOLAR ECLIPSE

HEARTMIND ACTIVATION



CURATED BY

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CONTENTS

- Reclaim your Desires
- New Moon Intentions
- New Moon Journal Prompt

RECLAIM YOUR DESIRES



Each cycle there is an invitation to pause, to take time to name and reclaim your deepest desires. This Aries new moon is the 2nd new moon in Aries and occurs at 29 degrees bringing energies of innovation, initiation, and creativity. But as always it begins with knowing how you want to Feel, Be, and Experience your life. Take a few minutes to consider this from a the perspective of what do you need in order to stand in your truth and take action your way!

HOW DO YOU WANT TO **FEEL**?

HOW DO YOU WANT TO **BE SHOWING UP IN THE WORLD?**

WHAT DO YOU WANT TO **EXERIENCE**?

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FOCUS INTENTIONS

This 2nd new Moon in Aries encourages us to see where we could be more courageous or where we may not have been true to our authentic selves. Tune into what actions you desire to take that will support your growth and the growth of your business.

As you write your intentions this new Moon, consider your next steps, this new beginning and how you would like to have the cosmos support you in paving the way to bring them into being.

FOCUS

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This 2nd New Moon in Aries bookends this powerful energy. Our first occurred at 0 degrees and the 2nd arrives at 29 degrees. The story we began to write at the beginning of the last cycle has another chapter that is ready to unfold.

Just as zero degrees is a critical degree in astrology so is 29 degrees. Something is ready for completion so that we might move forward.

Vanessa Corazon shares:

With the North Node conjunct the Moon and Sun, there is a door opening for us on the other side of everything we've been willing to let go of. The truth is if we can't be ourselves with people or in situations, what is the point? We only sell ourselves short and live a washed-down version of the life we really want. We even do a disservice to others when we don't live our truth, whatever that looks like.

Aries being the first sign of the zodiac is the energy of I AM. So we have an opportunity to look at our relationship with ourselves. To make any changes we need to take charge of our lives.

Aries learns by taking action. The experiences bring the nuggets of knowledge and wisdom that we need. So a little bit of adventure might be just what the moon ordered.

Whenever we turn the lens inward we the shadow side of the inquiry can arise. And Pluto is in the mix during this new moon bringing that energy to the forefront. It can shine a light on the obstacles that we need to clear to shift from fear to confidence.

A reminder that Aries energy can be impulsive so take that powerful pause to ensure that you are asserting yourself in a healthy and productive way.

From a business perspective something may need to end in order for something else to start anew. This north node eclipse is pointing us in the direction or our happiness so let go with confidence... it's in your highest and best.

If we are willing to walk the path, trust our own inner wisdom, and that of the cosmos which is here to guide and support, we can lay the foundations for positive forward momentum that will benefit us far beyond this lunar cycle.



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Activation & Journal Prompts

Click here to access: Heartmind Connection Activation Journey Aries New Moon

After listening to the activation meditation use this space explore any or all of these prompts:

- *Where do I choose to say YES to myself? What am I ready to say YES to in my business?*
- *What parts of me have I been "keeping safe" and is that still serving me?*
- *Where do I choose to be fearless... to take action from my inner Goddess Warrior self? Or what does my inner Goddess Warrior desire of me now?*
- *What do I choose to initiate with this new moon that supports me in furthering my purpose AND how I want to BE, FEEL & EXPERIENCE my life?*

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